

Committee Chair: Dr. Cynthia Nair

Committee Name: Junior Member Committee

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The Junior Member Committee of the SOGC started the year (June 2011) in keeping with the restructuring of the committee. As the largest subcommittee of the SOGC (38 members), we felt that we would improve the overall function & productivity of our Committee by re-organizing ourselves in to the 5 smaller working groups. These groups were created in response to the 5 Junior Member Priority Areas identified at 2 years ago in Montreal, QC. Our committee/working groups continue to meet on a monthly basis.

Below is a list of our main activities to date:

1) Re-structuring of the committee into 5 smaller working groups:

- A. ACM Planning Committee
- B. Education Committee
- C. Social Accountability Committee
- D. Resident Well Being Committee
- E. Communication/Website Committee

2) Standardization of Committee Member Selection:

A major initiative last year was to try and standardize the selection process of Junior Member representatives. While the exact process remains up to the jurisdiction of each individual residency program, we have standardized a timeline and it has successfully been implemented this last year. In summary, all incoming Junior Member reps must be chosen by April of that year (ie before the SOGC ACM). There was excellent uptake of this initiative by programs across the country. This meant that many of the incoming juniors were able to attend the face-to face meeting of the Junior Member Committee at the ACM. This initiative has been continued this year as well, with all a majority of incoming Junior Members having already been selected by their home university. Again, they have all been invited to attend the Junior Member Committee meeting at the Ottawa ACM and almost everyone will be in Ottawa this year.

3) Current Projects:

1) National Career Plan Survey of Ob/Gyn Residents

This survey has been an initiative of the Junior Member Committee in the past 2 years. It was last conducted in 2006, we have updated the survey, received ethics approval. The survey has been completed and we are just tabulating the results.

2) C.A.R.E Project

The Canadian Advocacy in Residency Education" project was developed a few years ago in co-ordination with discussions with the APOG JFCAC executive, in attempt to improve health advocacy training and initiatives in Canadian Obstetrics and Gynecology residency programs. Based on similar principles, to the ACOG's "Project in a Box". The C.A.R.E program this year will serve as a "challenge" sent out to all the residency programs across the country, inspiring them to develop a health advocacy initiative in their local communities. The Canadian Foundation for Women's health has generously offered to provide an award again this year for the best project. 6 resident projects were submitted. The award winner will be announced at the ACM.

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3) Annual Clinical Meeting (June 2012-Ottawa, ON):

- a. Resident Professional Development Program (RPDP)
 - i. This year's resident track of the ACM will feature 2 perspectives:
 1. The life of a generalist in obstetrics and gynecology
 2. Resident well being
 3. Medical Student Posters
- b. Medical Student Program
 - i. It is an exciting year as the Medical Student program has been successfully re-introduced into this year's ACM. The Medical Student Track will take place on June 20th, specifically, International Women's Day. The day will begin with the residency fair booths of each university. Then the students will move on to the "hands on sessions". The medical students will have 2 hands on sessions. The 3rd session will include a 15 minute poster presentation about what interested them in obstetrics and gynecology. There will be 50 students participating.
- c. Dress for Success:
 - i. As a health advocacy initiative, the Junior Member Committee will be holding the 2nd annual clothing drive during the ACM. We will be collecting gently used clothing and other items such as scarves, necklaces, ties etc which will assist both women and men to re-enter into the workforce. The Ottawa residents will be helping to transport the items to the shelters this year.
- d. Resident Well Being
 - i. There was a resident well being survey submitted by our committee to the various program of obstetrics and gynecology. Our goal was to get a national perspective on resident retreats, academic half day scheduling and call coverage during these events. The survey is underway and we look forward to the results in the next year.
 - ii. Resident Career Guide: This will include various resources for the PGY-1 level entering into our specialty. It will have career planning tips, dictation summaries, doses of various medications etc.
 - iii. Future Projects: Call schedule database for each university, journal club formats and career planning orientations, mentorship program and career resources.
- e. Communication/Website:
 - i. We have successfully updated the "Landmark Articles" which is available on the SOGC website
 - ii. International Elective Guide: The data is being collected from the various universities. The information will be divided by categories (countries and regions). We are also in the process of data collecting from the delegates at the ACM via a paper postcard. This will most likely take place at next year's ACM.
 - iii. Future Project: Available locums throughout the country where anyone can log on to the SOGC website and have access to various locum availabilities.
- f. Education:
 - i. Elective Guide: Surveying members and the committee for resources of various provincial electives throughout the country. We are in the process of obtaining these results.
 - ii. Resident Resource Guide was started and the content was discussed. This is a multi-purpose (pocket format) handbook that will be available on the SOGC website.

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iii. Exam Prep: Create a 2- year schedule for the 4th and 5th years in preparation for the Royal College Exam. This project has just started and we are looking forward to the various possibilities while collaborating with all the different schools to obtain an informal schedule for studying that all residents can refer to.

We have a keen group of resident representatives and junior members across the country who are looking forward to continued partnership with the senior SOGC membership in the future. Thank you for your continued support.

Respectfully Submitted,
Cynthia Nair
Chair, SOGC Jr Member Committee