# Framework of Continuing Professional Development Activities

<table>
<thead>
<tr>
<th>SECTIONS</th>
<th>CATEGORY</th>
<th>EXAMPLES</th>
<th>CREDIT RATING</th>
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</table>
| Section 1: Group learning | Accredited activities | Conferences, rounds, journal clubs or small-group activities that adhere to Royal College standards. Accredited group learning activities can occur face-to-face or web-based (online). | - Accredited rounds, journal clubs, small groups  
- Accredited conferences | 1 credit per hour |
| | Unaccredited activities | Rounds, journal clubs or small-group activities in the process of meeting the educational and ethical standards; rural or local conferences that have no industry sponsorship. | - Unaccredited rounds, journal clubs, small groups  
- Unaccredited conferences without industry support | 0.5 credits per hour (maximum of 50 credits per cycle) |
| Section 2: Self-learning | Planned learning | Learning activities initiated by the identification of a need, problem, issue or goal, either at or separate from the point of care, leading to the creation of a learning plan developed independently or in collaboration with peers or mentors. | - Fellowships  
- Formal courses  
- Personal learning projects  
- Traineeships | 100 credits per year  
25 credits per course  
2 credits per hour  
2 credits per hour |
| | Scanning | Resources that physicians use to enhance their awareness of new evidence, perspectives or findings that may be potentially relevant to their professional practice. | - Journal reading  
- Podcasts, audiotapes, videotapes  
- Internet searching (Medscape, UpToDate, DynaMed)  
- InfoPOEMs, CardioCLIPS | 1 credit per article  
0.5 credits per activity  
0.5 credits per activity  
0.25 credits per activity |
| | Systems learning | Activities that stimulate learning through contributions to practice standards, patient safety, quality of care; curriculum development; or assessment (examination boards, peer review). | - Practice guideline development  
- Quality care/patient safety committee  
- Curriculum development  
- Examination development  
- Peer assessment | 20 credits per year  
15 credits per year  
15 credits per year  
15 credits per year  
15 credits per year |
| Section 3: Assessment | Knowledge assessment | Programs accredited by Royal College CPD providers that provide data with feedback to individual physicians regarding their current knowledge base to enable the identification of needs and the development of future learning opportunities relevant to their practice. | - Accredited self-assessment programs | 3 credits per hour |
| | Performance assessment | Activities that provide data with feedback to individual physicians, groups or interprofessional health teams related to their personal or collective performance across a broad range of professional practice domains. Performance assessment activities can occur in a simulated or actual practice environment. | - Simulation  
- Chart audit and feedback  
- Multi-source feedback  
- Educational/ administrative assessments | 3 credits per hour  
3 credits per hour  
3 credits per hour  
3 credits per hour |

This table summarizes the learning sections under the new MOC framework. A MOC Program participant may earn up to 75 per cent of their required credits from any one learning section. Activities submitted via MAINPORT are converted automatically into credits.
Put your practice at the centre of your learning

Introducing the Royal College’s new MOC Program and redesigned MAINPORT web application — **available in May 2011!**

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<th><strong>REVITALIZED MOC PROGRAM</strong></th>
<th><strong>REDESIGNED MAINPORT</strong></th>
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<tr>
<td>Streamlined</td>
<td>User-friendly interface</td>
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<td>New framework with three sections instead of six (see reverse)</td>
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<td>Learner-centred</td>
<td>New planning and documenting tools</td>
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<td>Wider choice of learning activities</td>
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<td>Flexible</td>
<td>Mobile access from your iPhone, iPad or BlackBerry</td>
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<td>More control over planning your continuing professional development</td>
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Learn more at royalcollege.ca/moc

Learn more at royalcollege.ca/mainport

**Enhancing learning, advancing care**