Considering a Career in Obstetrics and Gynaecology? Find The Right Fit!

Canadian Residency Programs in Obstetrics and Gynaecology
<table>
<thead>
<tr>
<th>University</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of British Columbia</td>
<td>6</td>
</tr>
<tr>
<td>University of Alberta</td>
<td>7</td>
</tr>
<tr>
<td>University of Calgary</td>
<td>8</td>
</tr>
<tr>
<td>University of Saskatchewan</td>
<td>9</td>
</tr>
<tr>
<td>University of Manitoba</td>
<td>10</td>
</tr>
<tr>
<td>University of Ottawa</td>
<td>11</td>
</tr>
<tr>
<td>Queen’s University</td>
<td>12</td>
</tr>
<tr>
<td>University of Toronto</td>
<td>13</td>
</tr>
<tr>
<td>McMaster University</td>
<td>14</td>
</tr>
<tr>
<td>The University of Western Ontario</td>
<td>15</td>
</tr>
<tr>
<td>Université de Sherbrooke</td>
<td>16</td>
</tr>
<tr>
<td>Université Laval</td>
<td>17</td>
</tr>
<tr>
<td>McGill University</td>
<td>18</td>
</tr>
<tr>
<td>Université de Montréal</td>
<td>19</td>
</tr>
<tr>
<td>Dalhousie University</td>
<td>20</td>
</tr>
<tr>
<td>Memorial University of Newfoundland</td>
<td>21</td>
</tr>
<tr>
<td>Northern Ontario School of Medicine</td>
<td>22</td>
</tr>
</tbody>
</table>
Who We Are

The Association of Professors of Obstetrics and Gynaecology of Canada (APOG) is a professional non-profit association that provides leadership in the development and promotion of the highest quality clinical care through education & research in academic programs of obstetrics and gynaecology in Canada.

What We Do

APOG brings together academics involved in obstetrics and gynaecology from all seventeen Canadian medical universities. More specifically, we provide a forum for communication and discussion, collaboration, problem-solving, and policy development.

Composition

Our association has five educational committees which represent every facet of medical education within each Department of Obstetrics and Gynaecology in Canada:

- Department Chairs Committee
- Postgraduate Committee
- Undergraduate Committee
- Research Committee
- Subspecialties Committee

Events

APOG holds two meetings of the membership per year. The Mid Year Meeting occurs during the month of June in conjunction with our affiliate organizations and the Annual Meeting takes place in the November - December timeframe. The AM includes several skill enhancing courses, an abstract program to showcase educational research, national awards for outstanding achievement, and timely informative sessions to assist the academic community.

Awards

The association honours individuals at our Annual General Meetings by recognizing the excellence they continue to demonstrate year after year by presenting the following awards.

- Carl Nimrod Educator of the Year Awards
- Excellence in Research Award
- President’s Award

Grants

APOG provides funding support through our Grants Program for various educational and research projects to advance the field of Women’s Health.

Membership

Membership in APOG is open to all faculty members, residents, and medical students at each of the departments of obstetrics and gynaecology across Canada. To find out more about our association, feel free to visit our website at www.apog.ca.
University of British Columbia

Vancouver, British Columbia

UBC has an intake of 9 residents per year. No preference is given to local graduates or to those who have completed an elective at UBC. We have a low resident to faculty ratio (~1:1.5). Financial support for mandated courses, conferences and travel costs are incurred by the program or postgraduate dean’s office, plus additional financial support is available for conferences of the residents choosing.

The program is based out of 4 hospitals in the Lower Mainland – St. Paul’s (downtown Vancouver), Vancouver General Hospital (Vancouver), BC Women’s Hospital (Vancouver) and Royal Columbian Hospital (New Westminster), plus one of three rural hospitals during the residents’ community rotation in Prince George, Nanaimo or Kamloops.

Resident involvement in research is a mandatory requirement of the program. Each resident must complete a manuscript of at least one research project by the end of residency, and present at least twice at the Annual Departmental Academic Day. Residents receive training in research design and are encouraged to present their projects at local, national, and international meetings and conferences. A designated Research Supervisor provides assistance and mentorship to Residents.

UBC is located in the beautiful city of Vancouver (host of the 2010 Olympic Winter Games) with lots of social and cultural events and activities to do.

Web: www.obstgyn.ca  
Tel.: (604) 875-2194  
Email: salewis@cw.bc.ca

University of Alberta

Edmonton, Alberta

The University of Alberta Obstetrics & Gynaecology Residency Training Program is centered at the Royal Alexandra Hospital (RAH) in Edmonton. The RAH is the tertiary referral centre for northern Alberta, northern British Columbia, and the Northwest Territories. Residents also spend time at three community hospitals in the Edmonton area: the Grey Nuns Hospital, the Misericordia Hospital, and the Sturgeon Hospital.

Our residency training program is committed to providing quality specialist training through leadership and scholarship in education, clinical care, and research. There are 6 funded residency positions per year; presently there are 24 residents in the program.

Program highlights include: research, conferences, academic half-day, advanced laparoscopy and an annual resident retreat. The formal curriculum includes dry and wet labs in minimally invasive surgery, bioethics, epidemiology and teaching skills. We boast a tight-knit group of residents and friendly faculty committed to resident education. We have one of the strongest surgical teaching programs in the country with over 15,000 deliveries per year in our Health Region.

Edmonton is in close proximity to the Rocky Mountains, is known as Canada’s Festival City, has a river valley with over 150 km of trails for running, biking, hiking and cross-country skiing, and boasts a cost-of-living amongst the lowest of any major Canadian city!

Web: www.ob-gyn.ca  
Tel.: (780) 735-4806  
Email: elaine.patton@capitalhealth.ca
University of Calgary

Calgary, Alberta

Calgary is a dynamic innovative city with a population over one million people, currently experiencing the greatest economic growth in Canada. Located beside the Canadian Rockies allows unique access to a great variety of recreational opportunities including skiing, hiking, camping, cycling etc.

The University of Calgary program reflects the innovative atmosphere of Calgary. The residents form a cohesive group of learners who attain the goals of competency and surgical skill in obstetrics and gynaecology in a cooperative and collegial manner. The residency program prides itself on its excellent resident-faculty relationships (40 faculty). The program emphasizes a healthy balance of lifestyle with both residents and staff.

The residency offers extensive clinical, educational and research experiences:

- Obstetrical - 17,000-18,000 deliveries per year.
- Tertiary level care experience, Foothills Medical Centre.
- Foothills Medical Centre, Secondary level care experience – Peter Lougheed and Rockyview Hospital, Tom Baker Cancer Centre.
- Gynaecological - Extensive and early surgical experience, including laparoscopic training.
- Subspecialty programs - Maternal Fetal Medicine, Reproductive Endocrinology and Infertility, GynOncology, Urogynecology - fellowship programs.
- Resident Research – training in research design, supports research project.
- Electives – encourage special interest training.

Web: www.obgyn.ucalgary.ca/
Tel.: (403) 944-1437
Email: Karen.McKeon@CalgaryHealthRegion.ca

University of Saskatchewan

Saskatoon, Saskatchewan

The Obstetrics and Gynaecology residency program at the University of Saskatchewan is a 5-year program that is based in Saskatoon, Saskatchewan. The PGY1 year is a multidisciplinary year. PGY2-5 consists of rotations in Core Obstetrics and Gynaecology, Gynaecologic Oncology, Reproductive Endocrinology and Infertility, Maternal Fetal Medicine, Gynaecologic Endoscopy, Ambulatory Obs/ Gyn, NICU, Genetics, Ultrasound, Critical Care and Pathology. There is ample elective/ selective time. There are excellent opportunities for community-based learning during rotations in Regina and Prince Albert.

The University of Saskatchewan supports and promotes distributed residency education. There are excellent opportunities for community-based learning during rotations in Regina and Prince Albert. As of July 2009, our program is expanding to include 2 full-time residency positions based in Regina, making us one of the first truly distributed residency programs in the country.

The high volume of hands-on surgery is a major strength of our Program. Fewer learners and good relationships with attending staff make learning here a positive experience. Mentorship is valued and practiced.

Saskatoon and Regina are affordable cities that are small enough to get around in comfortably, but large enough to offer many of the amenities found in larger cities. Saskatoon boasts more sunshine than most major cities in Canada. The beautiful South Saskatchewan River runs through the city, offering natural beauty and serenity along its many walking and biking trails.

Web: www.usask.ca/medicine/obgyn
Tel.: (306) 966-8039
Email: marj.lens@usask.ca
The program in Obstetrics & Gynaecology at the University of Manitoba is a five-year program that enables trainees to meet the specialty training requirements of the Royal College of Physicians & Surgeons of Canada.

PGY-1 provides a broad-based multidisciplinary year that is relevant to the specialty. The University of Manitoba also provides a core curriculum - ethics, epidemiology, biostatistics, critical appraisal, research design, introduction to teaching, medico-legal issues, lifestyle issues and health care overview.

Residents have off electives during PGY-3 and PGY-4 and may travel inter-provincially and/or internationally.

Trainees will rotate through gynecologic oncology, fetal maternal medicine, endocrinology, adolescent gynecology, urogynaecology, menopause, family planning and a community-based experience. There will be elective time to help the trainees develop their own interests.

There will be a graduated responsibility during training.

Web:  www.umanitoba.ca/womenshealth
Tel.:  (204) 787-1988
Email:  kzeller@hsc.mb.ca

The focus and philosophy of our Program is to provide the best educational opportunity to our residents. The large volume of clinical cases, early hands-on experience, presence of dedicated faculty and the academic milieu are significant strengths that our Program offers. Ratio of residents to faculty is 1:2.

Training is offered the entire breadth of our specialty, from core obstetrics/ gynaecology to MFM, ultrasound, gynaecology oncology, infertility, reproductive endocrinology, urogynecology and pelvic reconstruction surgery, adolescent/ pediatric gynaecology and women’s health.

Our Program has a comprehensive formal teaching curriculum. High fidelity simulators are used in training to gain experience and practice in obstetrical emergencies, amniocentesis, ultrasound and birthing simulations. Residents also experience practice in the North by providing services in Iqaluit (Baffin Island) with a consultant for a one-week rotation.

Resident research is a core part of our Program with distinct objectives, timelines and evaluation system. Formal training in clinical epidemiology and bi-monthly journal clubs allow residents to present their research at national and international meetings funded by the Program.

A mentorship program, annual retreat, career and professional development counseling are other areas our Program provides in assisting the resident both clinically and academically throughout their training.

Web:  www.medecine.uottawa.ca/obstetricsgynecology
Tel.:  (613) 737-8566
Email:  tmitchell@ottawahospital.on.ca
Queen’s University

Kingston, Ontario

Our overall goal is to train competent, responsible, and ethical physicians for the practice of general obstetrics and gynaecology.

Our residents are the greatest strength of our training program at Queen’s. The size of the residency program enables an individualized approach to training. All Department members are committed to resident education. We have a large complement of sub-specialists to maximize resident exposure across the specialty. With no fellows at our training centre, residents are first in line for all cases.

The program is organized to provide early clinical and operative exposure to junior residents. Residents thus consolidate their skills across the five years of training. This also allows senior residents the opportunity to teach, supervise and mentor junior residents.

The Department is particularly proud of our residents’ success in research. Many of our residents have presented at national meetings and published original research in peer-reviewed journals. Our residents each receive $2000 a year for conferences and courses.

Queen’s fully trained residents have been uniformly successful in passing the Royal College examination in Obstetrics and Gynaecology. The residency program received full approval from the Royal College at the last External Accreditation in October 2005.

Web:  http://meds.queensu.ca/medicine/obgyn/
Tel.:   (613) 549-6666 ext 4911
Email:  jd25@post.queensu.ca

University of Toronto

Toronto, Ontario

The residency training program at U of T is the largest in Canada. There are 50 residents and over 140 faculty. The majority of experience is concentrated at three tertiary care centers (and two affiliated cancer centers), but all residents train at community hospitals affiliated with the university.

First year residents are assigned a clinical mentor. In this program, the resident goes to the office of the same faculty member twice a month, throughout the year, regardless of what service they are on.

In addition to the large clinical experience it provides, U of T offers surgical skills training for all years. This encompasses everything from emergency obstetrics to cadaveric anatomy to laparoscopic laser safety.

Residents benefit immensely from our world class faculty, whose expertise includes all RCPSC recognized subspecialties, and minimally invasive surgery, clinical epidemiology, ethics, medical education and health administration.

Web:  www.obgyn.utoronto.ca
Tel.:   (416) 978-2668
Email:  obgyn.educ@utoronto.ca
McMaster University

The residency program is arranged on a five level basis. The program provides education and training in Obstetrics and Gynecology with increasing responsibility for patient care under supervision throughout the program. At the completion of the program, and when certified by the Royal College of Physicians and Surgeons of Canada, the successful candidate should be competent to practice the specialty of Obstetrics and Gynecology as a consultant.

- PGY1: The first postgraduate year is broad-based and will provide the resident with broad functional capabilities and enable him/her to successfully complete the MCCQE Part 2.
- PGY2: These 12 months consist of an even 6 month split between general Obstetric and Gynecologic training.
- PGY3: The third 12 months consist of one month of ultrasound training and two months of ambulatory care training. This year also consists of taking three subspecialties consisting of Maternal Fetal Medicine, Reproductive Endocrinology and Infertility, female urology and urodynamics, Gynecologic Oncology or Colposcopy and Pathology.
- PGY4: The fourth 12 months consist of completing the rotations that were not done or available to the resident in PGY3.
- PGY5: During the final 12 months the resident rotates for at least six months and a maximum of 9 months as a chief resident at McMaster University Medical Centre and St. Joseph’s Hospital.

Web:  www.fhs.mcmaster.ca/obgyn/educ/postgrad
Tel.:  (905) 521-2100 ext 76250
Email:  johnl@mcmaster.ca

The University of Western Ontario

London, Ontario

The Schulich School of Medicine & Dentistry at The University of Western Ontario offers a five-year Residency Training Program in Obstetrics & Gynaecology aimed at certification by the Royal College of Physicians and Surgeons of Canada. Our program has a consistent and superior record of success in trainee performance in this exam.

Ob/Gyn at Western has earned an international reputation for excellence in clinical teaching and research. We have a full complement of clinical appointee staff members, part-time clinical faculty, and full-time basic science investigators. We take particular pride in our dedication to surgical skills training.

The RTP Committee endorses the general objectives for subspecialty training in ob/gyn as outlined by the Royal College of Physicians and Surgeons of Canada and CanMeds Competencies. We support residents’ pursuits in electives and research projects in their areas of interests. Funding is available for residents’ attendance at conferences of educational merit.

Our weekly resident lecture series follows the CREOG objectives, and we incorporate lecturers from the various sub-specialties of ob/gyn as well as generalists and lecturers from other specialties where applicable. This continues to be a highly rated aspect of our Residency Training Program.

Web:  www.uwo.ca/obsgyn
Tel.:  (519) 646-6171
Email:  susanne.deakin@lhsc.on.ca
Université de Sherbrooke

Sherbrooke, Québec

Sherbrooke offers a residency programme in Obstetrics & Gynaecology that is stimulating, collegial and comprehensive. It has been granted full certification by the Collège des médecins du Québec and the Royal College of Physicians and Surgeons of Canada until 2010. This five-year program can welcome 24 residents. It allows residents to gradually acquire the skills needed for the practice of obstetrics & gynaecology, and facilitates the acquisition of autonomy. The program can currently count on 12 full-time professors and 4 professors of clinical medicine. These professors belong to all the areas of expertise that relate to the specialty, including: oncology, maternal-fetal medicine, reproductive endocrinology, menopause, pelvi-perineology, endoscopy, and paediatric & adolescent gynaecology.

Formal training is very well-structured: on Tuesdays, from 1 pm to 3 pm, there is a textbook directed reading, followed by a research seminar and a formal course for residents. On Thursday mornings is the “grand round” or the reading club (alternating), and on Friday mornings is the perinatal medicine multidisciplinary meeting. Residents are quickly exposed to clinical work, and by the second year have acquired significant technical skills. Exposition to surgery is considerable and diversified.

Web:  www.usherbrooke.ca/medecine/departements/obstetGyneco.html
Tel.:  (819) 820-6868 ext 12391
Email:  josee.dussault@usherbrooke.ca

Université Laval

Ste-Foy, Québec

The Obstetrics-Gynaecology program offered at Laval University, under the supervision of Dr. Jacques R. Mailloux, recruits 5 to 7 new residents each academic year and is composed of 35 residents in all. A third of the trainees come from other universities. The training process takes place in two major settings, each including a large maternity unit, totalling about 8000 deliveries every year, and three secondary settings, including a regional rotation, a gynaecological oncology rotation and a colposcopy rotation.

Laval University implemented a research unit to assist and support resident research projects. The residents are invited to present their projects during the annual department meeting.

For the last 19 years, all residents have been successful in passing the Royal College examination. The faculty is proud to offer a dynamic curriculum that meets the highest postgraduate education criteria in OB/GYN. For more information, please contact the department by email.

Web:  www.ulaval.ca
Tel.:   (418) 654-2738
Email:  sec.gyneco@crchul.ulaval.ca
McGill University

Montréal, Québec

The Obstetrics and Gynaecology Residency Program at McGill University is a five-year program dedicated to educating residents in clinical obstetrics and gynaecology, the relevant clinical and basic sciences, and the subspecialties of the discipline. The first year of the program is a modified rotating internship geared towards obstetrics and gynaecology, while the entire second year is spent in obstetrics and gynaecology. Residents are continuously encouraged to participate in research projects, with a minimum of one month, and up to six months, devoted to research.

The Faculty of Medicine collaborates with three affiliated teaching hospitals. The Royal Victoria, the Montreal General, and the Jewish General all offer elective rotations. Each hospital conducts numerous weekly teaching rounds and seminars. Members of the attending staff give informal teaching sessions during the course of clinical care. In addition, Friday afternoons are reserved for resident teaching activities. Every January, all residents write the CREOG exam, the results of which provide an excellent assessment of each resident’s knowledge base.

Both final-year medical students and those who have approved post-graduate training may apply to the Program. A completed application form, including a Dean’s letter and letters of reference should be submitted to the Program Director.

Web: www.medicine.mcgill.ca/obgyn/
Tel.: (514) 934-1934 ext 34502
Email: carol.fautrel@muhc.mcgill.ca

Université de Montréal

Montréal, Québec

The OB-GYN residency program of the Université de Montréal offers residents a maximum exposure to all specialties and subspecialties starting on the first year of residency. Quickly and during the entire residency, through stints in outpatient clinics, birthing rooms and operating rooms, residents are exposed to the following fields: urogynaecology, oncology, laparoscopic surgery, new reproductive technologies, sexual dysfunction and vulvar pathologies, and tertiary maternal-fetal medicine.

In order to expose residents to practice in a non-urban environment and to the more general aspects of practice, we ask them to participate in an additional two or three training periods (duration: three months each) in a remote area. The training period taking place in Chicoutimi during the senior years of residency is particularly appreciated for the quality of the surgical experience it provides and for the friendly atmosphere of its work environment.

Research training is structured with a series of 8 workshops over two years. To help with the writing of their research thesis during training, residents are supervised and may obtain, upon request, a leave of up to three months.

Web: www.deptobsyn.umontreal.ca
Tel.: (514) 343-5829
Email: bernardlambert@vif.com
Dalhousie University

Halifax, Nova Scotia

The Obstetrics & Gynaecology residency training program at Dalhousie University is a 5-year program based in Halifax, Nova Scotia. The PGY1 year is a multidisciplinary year. PGY2-5 consists of rotations in core obstetrics & gynaecology, gynaecologic oncology, reproductive endocrinology & infertility, maternal-fetal medicine, colposcopy/pathology, urogynaecology, elective, and senior obs/gyn rotations. Residents may pursue interprovincial and international electives.

A formal academic program with pathology seminars, grand rounds, obstetric rounds, maternal-fetal medicine rounds, basic science seminars, journal clubs, resident academic ½ day, etc. function throughout the academic year.

We provide a congenial atmosphere, a strong educational program, and extensive clinical exposure. The Department has an active clinical investigation unit and provides excellent opportunities for research as well as research funding.

Halifax boasts parks, museums, restaurants, theatres, abundant seafood!!, a vibrant nightlife and relaxed lifestyle. Almost completely surrounded by the Atlantic Ocean, Nova Scotian’s enjoy sailing, hiking, camping, biking, golfing, beaches and more.

Web:  http://obstetrics.medicine.dal.ca
Tel.:   (902) 470-6675
Email:  mary.boudreau@iwk.nshealth.ca

Memorial University of Newfoundland

St. John’s, Newfoundland

The Memorial University of Newfoundland program is dynamic and unique due to its small size, with close interaction and good rapport between residents and faculty. The program is geared towards producing an excellent generalist, although recent years have seen a number of graduates enter competitive subspecialties. (This also means you get exposure to all the interesting cases as there are no fellows). Our size allows us to have flexibility to meet individual resident needs and special interests, which is a high priority for us. One popular option is a Masters degree (M.Sc.) in Clinical Epidemiology. In addition, several residents have pursued international interests in Africa and India!

Memorial University of Newfoundland is located in St. John’s and we pride ourselves on a great lifestyle—from the outdoors to the arts—we live in a diverse and relaxed city, with lots for everyone.

If you have any further questions about our program or what we have to offer after reading our program profile, please don’t hesitate to call or email. Faculty or residents from the program would be happy to tell you more about what we’re like and what we have to offer.

P.S. A word of warning to candidates from outside of Newfoundland: residents who come from away often get to the end of their training and are too attached to leave “the Rock”!

Web:  www.med.mun.ca/obsgyn/
Tel.:   (709) 777-6718
Email:  krista.cole@easternhealth.ca
The Obstetrics/Gynecology residency program in Northern Ontario is a collaborative initiative between the University of Ottawa and the Northern Ontario School of Medicine (NOSM), through which the program is accredited.

The program boasts a unique curriculum designed to prepare trainees for a career in Obstetrics and Gynecology and Newborn Care. Residents of the University of Ottawa/NOSM program rotate between two main teaching sites:

- Clinical learning sites of Northern Ontario
- University of Ottawa affiliated teaching hospitals

The Northern component of the program (core rotations) provides an integrated learning experience exposing residents to a range of patients that will challenge them to expand and refine their primary care and subspecialty obstetrics skills. Core subspecialty rotations at the University of Ottawa are specifically designed to present learning opportunities to prepare for community based practice. Residents learn to manage multiple professional responsibilities and patient care services, inpatient ward, outpatient clinics, and consultation to a busy emergency department, and the maintenance of a consultative office practice and gain competency in offering advice and support by phone to primary care physicians in rural and remote locations across Northern Ontario.

Interested candidates can apply by visiting the CaRMS website and selecting the University of Ottawa NOSM Obstetrics & Gynecology program.

Web:  www.nosm.ca/postgrad
Tel.:  (807) 766-7444
Email:  Cyndy.Mackenzie@normed.ca
Canada’s Voice for Excellence in Education and Research in Obstetrics and Gynaecology

Association of Professors of Obstetrics and Gynaecology of Canada
780 Echo Drive
Ottawa, Ontario K1S 5R7

Tel: (613) 730-4192 ext 245
Fax: (613) 730-4314
Email: secretariat@apog.ca
Web: www.apog.ca

Second Edition